



EL FAROLITO

Official Newsletter of New Mexico Area 46 Assembly of Alcoholics Anonymous

OFFICERS

What Does “Carrying The Message” Mean Today?

The following is a summary of the presentation I gave at the Southwest Regional Forum in Houston on October 12. It's been edited for space for the *El Farolito* publication.

I want to talk to you today about our 5th Tradition, that “each group has but one primary purpose – to carry its message to the alcoholic who still suffers.” So, I'm here ask the question, “Are we actually carrying the message to the suffering alcoholic?”

I've lived in New Mexico for 26 years and have never seen a Public Service Announcement for Alcoholics Anonymous on TV or heard one on the radio. I've never read an article about A.A. in the newspaper. I've never seen a pamphlet in a library or in a hospital.

I was not at all surprised that the communications audit commissioned by our General Service Board in 2017 and 2018 revealed that, while most people have heard of A.A., the general public doesn't really know much

Delegate

about A.A. and is actually pretty confused about who we are.

Recently, while reading *Language of the Heart* I noticed something that had previously slipped right passed me. Bill was describing how an expected article from *Readers Digest* did not materialize when the Big Book was printed. So, he got busy canvassing every magazine he could think of to get someone to write an article about our then fledgling Society and

its new book. I was dumbfounded. Somehow, it had never occurred to me before that it was Bill who asked Fulton Oursler of Liberty Magazine to publish the article that announced Alcoholics Anonymous, both the book and the movement, to the entire country in the Fall of 1939. Did you know it was a member of the Cleveland Group who happened to be a freelance writer who wrote the articles that appeared in the *Cleveland Plain Dealer*?

So, it would seem that some of the monumental events that started the growth of A.A. from a few small groups to a nationwide and, eventually, an international fellowship didn't just happen by chance – Bill and members of our fellowship went out

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¿Qué Significa “Llevar El Mensaje” El Día Hoy?

La siguiente es la presentación que di en el Foro Regional del Suroeste en Houston el 12 de octubre. Ha sido editado por espacio para la publicación de *El Farolito*.

Quiero hablarles hoy sobre nuestra 5a Tradición, que “Cada grupo tiene un solo objetivo primordial - llevar el mensaje al alcohólico que aún está sufriendo.” Por lo tanto, estoy aquí hacer la pregunta, “¿Realmente estamos llevando el mensaje al alcohólico que está sufriendo?”

He vivido en Nuevo México durante 26 años y nunca he visto un Anuncio de Servicio Público para Alcohólicos Anónimos en la televisión o escuchado uno en la radio. Nunca he leído un artículo sobre A.A. en el periódico. Nunca he visto un folleto en una biblioteca o en un hospital.

No me sorprendió en absoluto que la auditoría de comunicaciones encargada por nuestra Junta de Servicios Generales en 2017 y 2018 revelara que, aunque la mayoría de la gente ha oído hablar de A.A., el público en general no sabe mucho acerca de A.A.

Delegada

y está bastante confundido acerca de quiénes somos.

Recientemente, mientras leía *El Lenguaje del Corazón*, me di cuenta de que algo que antes se había resbalado me pasó por delante. Bill estaba describiendo cómo un artículo esperado de *Readers Digest* no se materializó cuando se imprimió el Libro Grande. Así que habló con cada revista que se le ocurrió para conseguir que algui-

en escribiera un artículo sobre nuestra entonces incipiente Sociedad y su nuevo libro. Me quedé estupefacto. De alguna manera, nunca se me había ocurrido antes que fue Bill quien le pidió a Fulton Oursler de Liberty Magazine que publicara el artículo que anunciaba a Alcohólicos Anónimos, tanto el libro como el movimiento, a todo el país en el otoño de 1939. ¿Sabía usted que fue un miembro del Grupo Cleveland que resultó ser un escritor independiente que escribió los artículos que aparecieron en el *Cleveland Plain Dealer*?

Por lo tanto, parece que algunos de los eventos monumentales que iniciaron el crecimiento de A.A. de unos pocos grupos pequeños a una confraternidad nacional y, finalmente, a

➔ *continuó en pagina 4*

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Alternate Delegate

The Southwest Regional Forum was held in Houston, Texas, October 11-13. There were 443 in attendance this year, 214 of which were first time attendees. What a truly inspiring event to attend. I always key in on the love and passion for our fellowship by all who attend these regional events. We heard from the General Service Board Chairperson, and had a General Service Board presentation, board presentations from both AAWS and *Grapevine*, our current SW Regional Trustee, Class A trustees, presentations and workshops by G.S.O, and presentations and workshops by our SW Region Delegates, general sharing sessions, and sharing from first time forum attendees. Our delegate, Teresa J. represented Area 46 very well with her presentation on "What does 'Carrying the Message'

Mean Today?" If you want to know what's going on in AA, these regional events are a great place to plug in and become informed. If you missed the Forum in Houston this year, mark your calendar – 2021 is just down the road in El Paso, and 2023 will be here in Area 46.

The SW Region Alternate Delegate's committee met in Houston to continue our duties as alternates. Preparations for the 2020 SWRAASA are in full swing and all is on track for a good event in Amarillo next October. I have enjoyed serving at the regional level as secretary of the Alternate Delegate's Committee this year. All AA service positions bring love, growth and more friendships and ever expand our family ties in this fellowship. I love service.

I had the opportunity to attend the Top of Texas Roundup in Amarillo. It was a wonderful four-day event. It was their 73rd Annual. Maddy and I were gifted with a loving invitation to share our experience, strength, and hope in Roswell at the end of October. Thank you District 7 for the invitation and fun evening. (Albeit, my costume was not capable of covering up my dance skills...or lack thereof.)

Thank you to all of our area committee chairs who continue your hard work and dedication. We are blessed to have everyone who invests time to serve our fellowship in any capacity. Service is all about gratitude and I commend all who serve.

In Love and Service,
Bill L., Alternate Delegate

Chair

Greetings Area 46,

I hope this report finds everyone in good spirits and health. The AA Literature that came from the old Bernalillo County/Albuquerque Metro Jail downtown will come to a vote at the December Area Assembly — either to keep in the Area 46 service structure

or not to keep in the Area 46 Service Structure. There have been questions brought up about the Traditions and this literature. So I say to all home groups, talk about these books at your group conscience and have your GSR come to the December Assembly with a decision that your group made. Also

we have the 2021 Area Convention to be bid on at the December Assembly. It's a great way to get your district to be of service and it is a lot of fun. That's enough out of me for now.

In Service.
Eloy M.

COMMITTEE CHAIRS

Grapevine/La Viña

We substituted for the district *Grapevine/La Viña* rep., at the District 3 business meeting, a voting meeting. We announced we ordered 25 2020 wall calendars, if we sell out soon we may order another 25 before the new *Grapevine/La Viña* chair rotates in in January. We don't want him/her to get stuck with too many since the calendars are a seasonal item and it doesn't really help with funds for *Grapevine*; we just basically make enough to pay shipping, but they're nice to have and support *Grapevine/La Viña*, we continue to announce calendars are for

sale at every meeting we go to and have them on hand too – one or two are usually sold at every meeting. We're anxious to see who our incoming Area chair appoints as *Grapevine/La Viña* chair, so we can give a hand and explain the committee duties. We've had a great time and we're sorry the end is near for us.

Next month we'll have a close-out report with what all we did the last couple years. Thank you to our current Area Chair for giving us the opportunity to serve.

Manuel P.
Area 46
Grapevine/La Viña chair

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Albuquerque, NM 87199

Send Contributions for ELF to:
El Farolito
P.O. Box 1242
Taos, NM 87571

DELEGATE

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and made them happen. They went out and carried the message so that those who were still suffering would know that there was a solution. And for decades, that's what members of Alcoholics Anonymous did. And for decades our Fellowship grew.

In 1940 our Fellowship was estimated to have less than 2 thousand members and by 1950 it had exploded to over 96 thousand members. Between 1950 and 1960 estimated membership nearly doubled to 162 thousand and by 1970 that estimate had nearly doubled again to 311 thousand. Between 1970 and 1980 our membership tripled to over 900 thousand. In the 1980s our membership more than doubled and by 1990 our world-wide membership exceeded 2 million. Since 1990 our membership numbers have fluctuated slightly up and down but have stayed right around 2,100,000. Think of it. For 55

years our numbers exploded, doubled, doubled, tripled, and doubled again. Now, for the past three decades our membership numbers have remained virtually unchanged while the population of the United States and Canada grew by over 30% and the population of the planet grew by over 40%. Why? There has to be a reason. Most likely, there are a lot of reasons.

In true alcoholic form, I'm going to present a theory that isn't backed up by a bit of research or first-hand knowledge. So, I think, to a large extent, we've stopped carrying the message. Don't get me wrong, we do a pretty good job of sharing our message once people find their way to an AA meeting. But rather than carry our message to the still suffering alcoholic, we hold on to our message until the suffering alcoholic finds us.

I was taught that the purpose of the group is to carry the message outside of the meeting – otherwise it's just a meeting. I know of far too many

groups, districts and committees in my area that seem to have plenty of volunteers and money to put on camp-outs, picnics, and workshops but never seem carry the message to anybody except to each other. I'm not saying these events don't have their place. Workshops (and forums, such as this) are valuable, but we ought not confuse them with fulfilling our Primary Purpose.

I'm a panel 68 delegate, so, I'm nearing the end of my rotation. For months now, people have asked what I'm going to do when my rotation ends. My answer is simple – I'm going to carry the message. I hope you will, too.

Before I close, I would like to say that Service has not only profoundly changed the quality of my sobriety, it has changed my heart. Thank you for allowing me to be of service to the Fellowship that saved my life!

In grateful service,

Teresa J., Area 46 Delegate

DELEGADA

➔ *continuación de pagina 1*

una confraternidad internacional, no ocurrieron por casualidad - Bill y los miembros de nuestra confraternidad salieron y los hicieron realidad. Salieron y llevaron el mensaje para que los que todavía estaban sufriendo supieran que había una solución. Y durante décadas, eso fue lo que hicieron los miembros de Alcohólicos Anónimos. Y durante décadas nuestra Comunidad creció.

En 1940 se estimaba que nuestra Comunidad tenía menos de 2 mil miembros y para 1950 había explotado a más de 96 mil miembros. Entre 1950 y 1960 se estimó que la membresía casi se duplicó a 162 mil y para 1970 esa estimación casi se duplicó de nuevo a 311 mil. Entre 1970 y 1980 nuestra membresía se triplicó a más de 900 mil. En la década de 1980, nuestra membresía se duplicó con creces y en 1990 superó los 2 millones de miembros en todo el mundo. Desde 1990 nuestro número de miembros ha fluctuado ligeramente, pero se ha mantenido en torno a los 2,100,000. Piensa en ello. Durante 55

años nuestros números han explotado, duplicado, duplicado, duplicado, triplicado y duplicado de nuevo. Ahora, durante las últimas tres décadas nuestro número de miembros ha permanecido prácticamente sin cambios, mientras que la población de los Estados Unidos y Canadá creció en más de un 30% y la población del planeta creció en más de un 40%. ¿Por qué? Tiene que haber una razón. Lo más probable es que haya muchas razones.

En forma verdaderamente alcohólica, voy a presentar una teoría que no está respaldada por un poco de investigación o conocimiento de primera mano. Así que, creo que en gran medida, hemos dejado de llevar el mensaje. No me malinterpreten, hacemos un buen trabajo compartiendo nuestro mensaje una vez que la gente encuentra su camino a una reunión de AA Pero en lugar de llevar nuestro mensaje al alcohólico que todavía sufre, nos aferramos a nuestro mensaje hasta que el alcohólico que sufre nos encuentra.

Me enseñaron que el propósito del grupo es llevar el mensaje fuera de la reunión - de lo contrario es sólo una reunión. Siempre debemos centrarnos

en responder a la pregunta: "¿Cómo llevamos el mensaje al alcohólico que sufre? Conozco demasiados grupos, distritos y comités en mi área que parecen tener muchos voluntarios y dinero para poner en campamentos, picnics y talleres, pero nunca parecen llevar el mensaje a nadie excepto a los demás. No estoy diciendo que estos eventos no tengan su lugar. Los talleres (y foros, como este) son valiosas, pero no debemos confundirlos con el cumplimiento de nuestro Propósito Principal.

Soy un delegada del panel 68, así que, me estoy acercando al final de mi rotación. Durante meses, la gente ha preguntado qué voy a hacer cuando termine mi rotación. Mi respuesta es simple: voy a llevar el mensaje. Espero que usted también lo haga.

Antes de terminar, me gustaría decir que el Servicio no sólo ha cambiado profundamente la calidad de mi sobriedad, sino que también ha cambiado mi corazón. ¡Gracias por permitirme servir a la Comunidad que me salvó la vida!

En un servicio agradecido,

Teresa J., Delegada del Área 46

CPC

Hi Area 46! We've had a fun last month!

Juliet, the CPC/PI chair in District 2 and her gang of volunteers, participated in the 6th annual Rally for Recovery held September 21 in Santa Fe. They rotated in their booth throughout the day keeping AA material available to all who were interested. Tom B. organized District 2 participation at the rally along with Brian H., the CPC/PI co-chair. Thank you for keeping our participation alive at that event!

On October 15, I attended a meet-

ing with Janet A., District 18 CPC chair, who organized a meeting with the UNM School of Medicine to discuss the possibility of additional AA meetings and Q&A sessions to be held for medical students and even for faculty on campus. The idea is to provide additional opportunities for them to gain a fuller understanding of how AA works, what we do and do not do, for the alcoholic who still suffers. We were very well received by two of the staff who identified four areas where this would fit well. We discussed various formats, venues and timing. Jan-

et has done a great job with this opportunity and will stay in touch with the staff we met with today. She is also interested in having any other districts in the greater Albuquerque area participate as it gets going. What a wonderful gift for those suffering with alcoholism to have doctors well versed in AA.

It's a privilege to serve you in this position.

Thank you,

Sarah F.

CPC Chair Area 46

Finance

Fall is here, the Rio Grande is running low and clear and the fish are biting. It's a great time to be sober and be of service to Alcoholics Anonymous! I have emailed a draft 2020 budget to all the Area 46 committee members for review and comment. If you did not receive it, please let me know and I will send you one. The committee will be voting to approve this budget at the December assembly.

The issue of the Corrections books acquired by the Area has certainly become the source for lively debate. My home group discussed it at our last group conscience and in the course of 20 minutes we changed direction about three or four times. From a financial perspective, I see that the books have been paid for and Alcoholics Anonymous has received those funds (had the books been purchased from a

third party it would have made things stickier). I also don't feel the books are a contribution (financial or otherwise) that carry any obligation. Lastly, if the books were only used for Corrections, I'm not sure the Albuquerque Central Office would be financially impacted as much as that worst case scenario because groups would continue to purchase from Central Office for their own use. At any rate, this has been a wonderful opportunity for all of us to take a closer look at our Traditions and feel a part of something bigger than us.

At the September assembly, I was given the opportunity to respond to an Ask It Basket question regarding our 7th Tradition collection at our assemblies. Since then, I have given it more thought as I asked all of you to do in my response. By referring to our passing the basket as a 7th Tradition,

are we claiming to be self supporting in the same way a group does? Isn't the area financially supported by the groups and not by its own committee members? I have seen at assemblies when the basket goes around some GSRs don't make an individual contribution but rather drop an envelope with their group contribution inside. Now this to me makes perfect sense! So, at our assemblies, what if instead of "passing the hat for our 7th Tradition" we place a box at the registration table to accept group and individual regular contributions just like we would accept them through the mail? This idea is growing on me and I'd love to hear what you have to say. Let's have coffee sometime.

In service,

Christoph,

Chair Finance Committee

Young People

Hi, Area 46

I hope all is well since the Assembly. The Area 46 Young People Committee will start planning the Three Legacies Workshop that will be held on January 25, 2020. We will be starting at a later time this year. We thought 1:00 p.m. instead of 8:00 a.m.

Hopefully, we can have more members be a part of this workshop and we all won't be so sleepy. We will be taking a workshop out to Farmington on November 2 at 1:30 p.m. to share our experience on service being young in sobriety. Location is Arid Acre, 2650 La Plata Hwy., Farmington. If you have any questions please

email me or call me. I hope to see all of you at the December Assembly in Albuquerque. Thanks everyone for being a part of my sobriety. Let's keep on trudging one day at a time.

In service,

Michelle M.

District 1

Greetings from District 1!

Our groups are busy with fall meetings and service here in eastern New Mexico. If you are heading into the eastern side of the state, we invite you to join us! We have been welcoming new members as well as enjoying the return of old friends. We will be making fall plans and end-of-the-year holiday plans soon. We look forward to making connections with you all! Next District 1 meeting will be held Saturday, November 30, at 1:15 p.m. (right after the fellowship group meeting at noon, in Clovis). Come get involved, and brighten up your sobriety with some fellowship and service!

Tucumcari Meetings: AA reaches across the state, including in the Tucumcari area. Join us for a meeting at the Unity Group, two nights a week. Monday, Wednesday, 7:00-8:00 p.m. First Christian Church, 1701 S. 4th Street, Tucumcari. Spread the word about our open meetings, and call if you have any questions:

575-461-7881. We welcome you!

Clovis Fellowship Group hosts meetings every day of the week, at noon and also at 7:30 p.m. So, join us for a meeting that fits your schedule. The last Saturday of the month is Sobriety Anniversary night. Remember that the Fellowship Group has Big Book Study meetings (Sunday evening), 12 x 12 study meetings (Tuesday evening, Thursday noon) and all are open meetings. We'd love see you at Fellowship!

Lamplighters Group is going strong in Portales. Meetings: Fridays and Sundays, 7:30 p.m. at the Church of Christ Student Center, 207 S. Ave. K. A 7:30 meeting is a great way to finish up your day!

We Care Group meets every Monday, Wednesday, and Friday at noon. Bring your own lunch. All are open meetings, held at: Community Room, 718 Wyliecox Circle, Portales. Members are planning a Christmas party for everyone in the area. More information coming soon! Have questions? Call: 575-356-3255. Join us! We'd love to see you.

Willow Group in Portales (1528 S.

Main) has eight meetings each week, Tuesday through Saturday at 6:00 p.m. and Sunday at 4:00 p.m.; Tuesday and Thursday at 6:30 a.m. for you early birds. Tuesday nights are book studies, both *12 Steps* and *12 Traditions*, and the Big Book. Join us! Come meet our new members and perhaps renew some old friendships!

Men's Meeting: Looking for a men's meeting? Newcomers and old timers are welcome at the Men's Group at the Church of Christ Student Center in Portales (207 S. Ave. K). They meet at 6:00 p.m. each Monday evening. What a great way to finish off a Monday!

Addresses: <https://nm-aa.org/districts/district1/>
P.O. Box 5511, Clovis, NM 88102

"It is the great paradox of A.A. that we know we can seldom keep the precious gift of sobriety unless we give it away." (from "Tradition Five," *12 Steps* and *12 Traditions*)

In gratitude and service,

Linda S.

District 3

Hello from District 3!

New trusted servants have been elected for the district. Congratulations to Gary who will be our next DCM and congratulations to Darryl who will be our next Alternate DCM. We are still looking for our next secretary and treasurer. If you are interested in either of these po-

sitions please come to our next District meeting on Saturday Nov. 9 at the Isleta Club, 1829 Isleta Blvd SW, Albuquerque. The potluck is at 1:30 p.m. and the meeting starts at 2:00 p.m.

In September, the Isleta Club celebrated the following birthdays: Martin, 25 years; Tonya, 1 year; Jollena, 24 hours; Jovonna, 2 years; Elizabeth, 6 months; Gayle, 36 years; Higinio, 23 years; Joe Q., 14 years;

Claudine, 1 year; and Jenna, 24 hours.

The Cosmopolitan Group celebrated the following birthdays in September: John S., 11 years; Gerri M., 5 years; Joseph S., 2 years; Christi, 24 hours; Steve, 24 hours.

We do it one day at a time. Keep coming back!

Dusty S.

District 7

Well it certainly turned winter before fall this year. Been lovely for the upcoming events we have planned and know they will be a success. Still full steam ahead on the 2020 Convention and things are coming together little by little. Birthdays for October:

Chris K., 32 years; Lorenza A., 25 years; Lucia H., 19 years; Kathi L., 7 years; Ron A., 6 years; Penny K., 3 years; Robert G., 2 years; Ashley, 1 year.

Happy Trails & Yours in Service,

Cheryl W., District 7 ELF Rep.

December Edition
Editorial Deadline:
**Friday, November 15,
11:59 p.m.**

District 8

Greetings from the Four Corners and District 8,

News from our group conscience and GSRs

Our biannual speaker meeting was a great success. Mike S. shared his experience strength and hope and the potluck desserts were amazing. Thanks to all the committee members for their service in putting this event together.

District 8's annual Christmas dinner is coming on December 7 at St. Mary's Church. The committee, chaired by Mark S., will be meeting in the next few weeks to plan a great day of cooking, music and fellowship. Details will be coming as the committee finalizes the event.

Birthdays: Congratulations to all who are celebrating their sobriety.

4th Dimension Group: Paul B., 5 years; Steve D., 5 years; Larry B., 20 years.

High Nooners: Alicia, 1 year; Ralph, 3 years; Vicky C., 8 years; and Jenny S., 20 years.

Privileged to Serve in Sobriety,

Bruce F.

Tradition of the Month

"Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films."

Area 46 December 2019 Assembly

December 7-8, 2019 • Rosario Hall (and the gym of the old school) • Our Lady of the Most Holy Rosary Parish

5415 Fortuna Rd NW, Albuquerque, NM 87105

Nearby hotels (recently quoted rates):

Days Inn by Wyndham Albuquerque West (\$49)
Econo Lodge West - Coors Blvd (\$43)
Hampton Inn & Suites Albuquerque Coors Road (\$98)
La Quinta Inn & Suites by Wyndham Albuquerque West (\$75)
Microtel Inn & Suites by Wyndham Albuquerque West (\$51)
Motel 6 Albuquerque - Coors Road (\$40)
Quality Inn & Suites (\$54)
Super 8 by Wyndham Albuquerque West/ Coors Blvd (\$50)
Travelodge by Wyndham Albuquerque West (\$34)

Nearby Restaurants

Mariscos Altamar (Seafood)
1517 Coors Blvd NW, Open until 9:00 p.m.
Mac's La Sierra Coffee Shop
6217 Central Ave NW, Open until 11:00 p.m.
Caveman Burgers
6205 Central Ave NW #5, Open until 9:30 p.m.
Buffalo Wild Wings
6001 Iliff Rd NW, Open until 12:00 a.m.
Dion's
121 Coors Blvd NW, Open until 10:00 p.m.

New China Restaurant Asian
640 Coors Blvd NW, Open until 9:00 p.m.
California Oyster Bar Seafood
6535 Central Ave NW
The Brunch Club (Breakfast)
640 Coors Blvd NW, Opens at 8:00 a.m.
Freddy's Frozen Custard & Steakhburgers
131 Coors Blvd NW, Open until 10:00 p.m.
Palería Cuauhtemoc Restaurant
6205 Central Ave NW #7, Open until 10:00 p.m.
Western View (Steak)
6411 Central Ave NW, Open until 10:00 p.m.

Contact Alejandro V., District 17 • 505-492-1463
verduze_1975@live.com

***El Farolito*, founded in 1970, is the official publication of the New Mexico Area 46 Assembly of Alcoholics Anonymous.**

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elfarolito@nm-aa.org or mail to P.O. Box 1242, Taos, NM 87571 (new address)

DISTRICT REPORTS

District 11

Hello Area 46!

Congratulations and welcome to new incoming team at District 11! Elections were held at our October meeting, and our new DCM is Mike W., Alternate DCM is Stu G., Rosie F. is going to be our Treasurer, and Jerry K. will go from Interim Secretary to Secretary. A strong, dynamic group with many years of sobriety and lots of enthusiasm and love for Alcoholics Anonymous! Many thanks to Jerry R., District 11's outgoing DCM! Hope to continue to see you on our road of Happy Destiny!

District 11 has open committee chair

positions. Please consider volunteering for one. It's a great way to get your feet wet in service at the district level! Reminder of the Newcomers Workshop on Saturday, November 2, at Nativity, 8:30 a.m.-11:30 a.m. Breakfast potluck! And reminder also that the Newcomers Workshop is not just for newcomers. We can all share our experience, strength, and hope. Great timing for this workshop as we head into the holidays, often an especially stressful time for us. Thank you to *El Farolito* Editor Tim M., and Alternate Area Chair Rosie F. for your help with the recent ELF Mailing Party! The Women's Gratitude Group had two mailing parties this year and your group could have one or two also! A mailing party is a quick and satisfying service project. We did ours before our

regular meeting. Tim M. has been very helpful in setting them up.

And now the season of gratitude is approaching. SO grateful for our Program which makes it possible for people with our common problem to, first of all, survive, and then thrive and help others. With Alcoholics Anonymous we can lead useful, contented lives.

District 11 meets the 2nd Saturday at 9:00 a.m. at Mesa View Church, 4701 Montano NW. We would love to have you join us!

Happy Thanksgiving, everyone!

Thank you for letting me serve,

Beth B.

District 11 *El Farolito* Rep.



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